The courses represent organized events which have the purpose of enabling a process of group training of participants and which are implemented by a competent person – trainer/facilitator.

The methods and techniques which are used in MCIC' courses (presentation, brainstorming, group work, case study, role-play, discussion and dramatization) are interactive and stimulate communication and sharing of experience among the participants and trainers, as well as the participants themselves. Various visual and supporting aids are used, including graphoscope, Power Point presentations and animations.

In order to secure effectiveness and active learning on the courses, MCIC prefers work in smaller groups and limits the number of participants to maximum of 20 participants in a group, with 2 trainers (10 participants per trainer). The courses usually last for minimum of 2 to maximum of 5 days, with sessions lasting 90 minutes with break for lunch or coffee in between.

MCIC' courses are conducted as standard and tailor-made training courses. The standard courses take place according to already developed program, standard for the certain topic. The tailor-made training courses take place according to a program designed in accordance with an external request and requirement, providing special focus on topics and issues which are specific and important for the procuring body.